

EDITORIAL NOTE: This set of questions was designed for Asian-American women (more specifically, Chinese, Filipino, and Japanese women). The questions would have to be modified for a different population and /or for a different gender.

ASIAN-AMERICAN BREAST CANCER STUDY

SECTION D. ANTHROPOMETRY

The next questions are about your physical development.

HEIGHT

| | <u>Short</u> | <u>Somewhat Short</u> | <u>Average Height</u> | <u>Somewhat Tall</u> | <u>Tall</u> | <u>DK</u> |
|---|--------------|-----------------------|-----------------------|----------------------|-------------|-----------|
| D1. Thinking back to when you were about 8 to 9 years old, did you consider yourself to be (READ CHOICES) compared to other Chinese girls your age? | 1 | 2 | 3 | 4 | 5 | 8 |
| D2. When you were 15 to 16 years old, did you consider yourself to be (READ CHOICES) compared to other young Chinese women your age? | 1 | 2 | 3 | 4 | 5 | 8 |
| D3. As an adult, do you consider yourself to be (READ CHOICES) compared to other Chinese women? | 1 | 2 | 3 | 4 | 5 | 8 |

D4. How tall are you?

_____/_____
FT IN

WEIGHT

| | <u>Thin</u> | <u>Somewhat Thin</u> | <u>Average Weight</u> | <u>Somewhat Heavy</u> | <u>Heavy</u> | <u>DK</u> |
|---|-------------|----------------------|-----------------------|-----------------------|--------------|-----------|
| D5. Now I'd like you to think about your weight. When you were about 8 to 9 years old, did you consider yourself to be (READ CHOICES) compared to other Chinese girls your age? | 1 | 2 | 3 | 4 | 5 | 8 |
| D6. When you were 15 to 16 years old, did you consider yourself to be (READ CHOICES) compared to other young Chinese women your age? | 1 | 2 | 3 | 4 | 5 | 8 |
| D3. As an adult, do you consider yourself to be (READ CHOICES) compared to other Chinese women? | 1 | 2 | 3 | 4 | 5 | 8 |

D8. Before 3 years ago, what was your usual weight as an adult, excluding times when you were pregnant?

_____ LBS . . . 1
 _____ KGS . . 2

RECORD CURRENT AGE MINUS 3 YEARS = _____. ASK D9 FOR EACH DECADE OF SUBJECT'S ADULT LIFE THROUGH THE DECADE THAT INCLUDES HER CURRENT AGE MINUS 3. E.G., IF RESPONDENT IS 47, $47 - 3 = 44$, ASK WEIGHT FOR "20's", "30's", AND "40's, EXCLUDING THE PAST 3 YEARS."

D9. Excluding times when you were pregnant, what was your usual weight when you were . . . (READ PHRASES "EXCLUDING THE PAST 3 YEARS" ONLY FOR THE DECADE THAT INCLUDES CURRENT AGE.)

| (a) | (b) | (c) | (d) | (e) |
|---|---|---|---|---|
| in your 20's? (excluding the past 3 years) | in your 30's? (excluding the past 3 years) | in your 40's? (excluding the past 3 years) | in your 50's? (excluding the past 3 years) | in your 60's? (excluding the past 3 years) |
| _____ LBS. 1 _____ KGS. 2 | _____ LBS. 1 _____ KGS. 2 | _____ LBS. 1 _____ KGS. 2 | _____ LBS. 1 _____ KGS. 2 | _____ LBS. 1 _____ KGS. 2 |

D10. Before 3 years ago, what was the most you ever weighed, excluding times when you were pregnant?

_____ LBS . . . 1
 _____ KGS . . 2

D11. Please think back to the time when you were developing breasts. Compared to other Chinese girls your own age, did you develop breasts (READ CHOICES) than other girls?

- Earlier 1
 Somewhat earlier 2
 Same time 3
 Somewhat later, or 4
 Later 5
 DK 8

D12. As an adult, that is, since the age of 20, what has been your usual bra size? (RECORD IN INCHES)

_____ CHEST _____ CUP